

Arkansas Association for Counselor Education and Supervision

ArACES Mid-Winter Conference 2016

Hosted by: ArACES and the University of Central Arkansas

Pre-Conference Dinner
Thursday, February 25th, 2016

Conference Sessions
Friday, February 26th, 2016

Location:

Brewer-Hegeman Conference Center

201 Donaghey Ave,

Conway, AR 72035

Price \$40

<i>Up to 6 CEUs available</i>

Thursday, February 25th

6:30 p.m. Pre-Conference Dinner (Self Pay)

Mike's Place

808 Front St.

Conway, AR 72032

(Please RSVP to Dr. Angela Harless at aharless@uca.edu by February 18th if you plan on coming)

Conference Schedule

Friday, February 26th

8:30 a.m.	Registration/Breakfast
9:00 a.m.	Welcome/Business Meeting – Mr. Michael Jones, ArACES President
9:30 a.m.	<p>LEARNING FROM YOUR PAST: SELF AND SUPERVISEE EVALUATION OF YOUR SUPERVISION PRACTICE</p> <p>Dr. Barry Wingfield John Brown University</p> <p>How do you evaluate your own work as a supervisor? Do your supervisees know how to appropriately question your work as a supervisor? How do you get objective feedback from your past supervisees in order to improve your skills and practice as a supervisor? This presentation will discuss these questions and take a first look at a post-supervision supervisee feedback tool for use in evaluating and growing in our work as supervisors.</p>
10:20 a.m.	Break
10:30 a.m.	<p>USING DSM-5 AND ICF TOOLS TO UNDERSTAND CLIENT CULTURAL AND ENVIRONMENTAL PERSPECTIVES</p> <p>Dr. Raymond Ortega University of Arkansas at Little Rock</p> <p>This session will explore ways to incorporate these factors into the training of new counselors.</p>
11:20 a.m.	Break
11:30 a.m.	<p>UNDERSTANDING DISTANCE COUNSELING/SUPERVISION FROM AN ACADEMIC AND CLINICAL PERSPECTIVE</p> <p>Michael Jones, Ed.S., LPC-S, NCC, DCC Messiah College</p> <p>There has been a significant rise in the use of technology in counseling and supervision over the past few years. The problem is that training in distance counseling and supervision is not given much attention academically but is becoming commonplace clinically. This session will explore how to help counselor educators and supervisors increase their knowledge base on the use of technology and prepare them to make their students and supervisees aware of the practice.</p>

Conference Schedule

12:20 p.m.	Lunch (Provided On Site)
1:00 p.m.	<p>EMPHASIZING WELLNESS IN COUNSELOR EDUCATION AND CLINICAL SUPERVISION</p> <p>Jeff Cline, LPC-S, NCC Better Life Counseling Center</p> <p>Professional counselors dedicate their lives to helping others live well, yet many clinicians struggle to maintain personal well-being. As leaders and gatekeepers of the profession, counselor educators and clinical supervisors have a responsibility to teach and model for emerging professionals' strategies that support an optimum personal and professional quality of life. This presentation will highlight the significant influence of holistic wellness on professional counselor identity, counselor well-being, and therapeutic approaches with diverse client populations. Further, it will review recent research findings and provide wellness-oriented resources applicable to educational and clinical supervision contexts.</p>
1:50 p.m.	Break
2:00 p.m.	<p>DEALING WITH DIFFICULT SUPERVISEES</p> <p>Dr. Todd Patten Dr. Marc Fager Harding University</p> <p>As supervisors we find ourselves in situations where we deal with difficult and hard to work with supervisees. In this session our presenters will discuss difficulties they have faced in supervision and discuss strategies to deal with the problem behaviors.</p>
2:50 p.m.	Afternoon Snack
3:10 p.m.	<p>GET ON THE SOCIAL MEDIA BUS GUS: Tips Tricks and Pitfalls of Technology Based Counseling and Social Media</p> <p>Dr. Elizabeth Ruggiero Chenal Family Therapy</p> <p>Social media's popularity has grown exponentially in recent years, and according to Marty Jencius, an associate professor of counseling at Kent State University, people spend 22% of their online time using social media.</p> <p>From hosting a web event to writing a blog we can introduce the counseling profession to potential clients by getting conversations started and in turn, social media followers are more likely to think of you when they need help or when they want to refer someone else for help.</p>
4:00 p.m.	Evaluation, Certificates, and Closing